

Indicative

Present

I	constrain
you	constrain
he/she/it	constrains
we	constrain
you	constrain
they	constrain

Present continuous

I	am constraining
you	are constraining
he/she/it	is constraining
we	are constraining
you	are constraining
they	are constraining

Simple past

I	constrained
you	constrained
he/she/it	constrained
we	constrained
you	constrained
they	constrained

Past continuous

I	was constraining
you	were constraining
he/she/it	was constraining
we	were constraining
you	were constraining
they	were constraining

Present perfect

I	have constrained
you	have constrained
he/she/it	has constrained
we	have constrained
you	have constrained
they	have constrained

Present perfect continuous

I	have been constraining
you	have been constraining
he/she/it	has been constraining
we	have been constraining
you	have been constraining
they	have been constraining

Past perfect

I	had constrained
you	had constrained
he/she/it	had constrained
we	had constrained
you	had constrained
they	had constrained

Past perfect continuous

I	had been constraining
you	had been constraining
he/she/it	had been constraining
we	had been constraining
you	had been constraining
they	had been constraining

Future

I	will constrain
you	will constrain
he/she/it	will constrain
we	will constrain
you	will constrain
they	will constrain

Future continuous

I	will be constraining
you	will be constraining
he/she/it	will be constraining
we	will be constraining
you	will be constraining
they	will be constraining

Future perfect

I	will have constrained
you	will have constrained
he/she/it	will have constrained
we	will have constrained
you	will have constrained
they	will have constrained

Future perfect continuous

I	will have been constraining
you	will have been constraining
he/she/it	will have been constraining
we	will have been constraining
you	will have been constraining
they	will have been constraining

Conditional

Conditional present

I	would constrain
you	would constrain
he/she/it	would constrain
we	would constrain
you	would constrain
they	would constrain

Conditional present progressive

I	would be constraining
you	would be constraining
he/she/it	would be constraining
we	would be constraining
you	would be constraining
they	would be constraining

Conditional perfect

I	would have constrained
you	would have constrained
he/she/it	would have constrained
we	would have constrained
you	would have constrained
they	would have constrained

Conditional perfect progressive

I	would have been constraining
you	would have been constraining
he/she/it	would have been constraining
we	would have been constraining
you	would have been constraining
they	would have been constraining

Subjunctive

Present subjunctive

I	constrain
you	constrain
he/she/it	constrain
we	constrain
you	constrain
they	constrain

Past subjunctive

I	constrained
you	constrained
he/she/it	constrained
we	constrained
you	constrained
they	constrained

Past perfect subjunctive

I	had constrained
you	had constrained
he/she/it	had constrained
we	had constrained
you	had constrained
they	had constrained

Imperative

Imperative

you	constrain
we	Let's constrain
you	constrain

Participle

Present participle

constraining

Past participle

constrained